

**NORTHERN LYMPHOEDEMA SUPPORT  
GROUP**

**Meetings in 2019:**

**All take place at St Oswald's Hospice**

**In the Learning and Development Building  
at 2pm to 4pm**

**Sat. 16 March**

**Sat. 15 June**

**Sat. 14 September**

**Sat. 14 December – Christmas lunch**

**All sufferers from lymphoedema plus  
relatives and friends are welcome**

**We hope to see you there. 😊**